

discountsforcarers



# Christmas Food Shopping



Guide + Printable Checklist

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## Make Your Christmas Go Further — You've Earned It

After a year of caring for others, juggling endless responsibilities, and putting everyone else first, it's time to treat yourself. Your Carer Discounts are here to help make your Christmas a little brighter, easing the cost of festive shopping and leaving more jingling in your pocket for the things

### Where to Shop (and Why)

Supermarket	Best For	Perks & Tips
<b>M&amp;S</b>	Show-stopping turkeys, indulgent desserts, and veggie mains that even meat-eaters love.	Get exclusive DFC offers and early access to festive favourites.
<b>Tesco</b>	Balances budget and premium. Great meal bundles and hampers.	Enjoy seasonal eVoucher offers and skip queues with Click & Collect.
<b>Sainsbury's</b>	Fresh produce, festive sides, and reliable crowd-pleasers.	£10 off your first online shop for DFC members, plus cashback via Ode.
<b>Waitrose</b>	Premium meats, desserts, and hampers that scream "we've got taste."	Use your Ode card for 3% cashback on Christmas shopping.
<b>Asda</b>	Budget-friendly Christmas done right – great for party food and classics.	Earn 2.5% cashback via Ode – savings on essentials and treats alike.

This guide is your shortcut to a calmer, smarter Christmas: top supermarket deals, exclusive offers just for carers, and practical tips to stretch your budget – all without missing out on pudding, chocolate, or a well-deserved festive tipple.

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## Check List

### The Main Event

- Potatoes (roasting, mashing, and emergency chip portions)
- Stuffing mix or homemade ingredients
- Cranberry sauce
- Bread sauce
- Gravy granules or homemade stock
- Fresh herbs (sage, thyme, rosemary)
- Cooking oil / butter / goose fat
- Foil & roasting trays

### Sides That Steal the Show

- Potatoes (for roasting and mashing, obviously)
- Carrots, parsnips, sprouts & any other veg
- Red cabbage
- Peas, green beans, or broccoli (token greens)
- Cauliflower cheese bits / ingredients
- Pigs in blankets (buy double – they disappear)

### Bread, Bits & Bases

- Biscuits / mince pies / festive nibbles
- Cheese board + crackers (aka the Boxing Day fuel)
- Bread / rolls for leftover sandwiches
- Chocolates / sweets / After Eights (to eat before 8, of course)
- Cranberry sauce / bread sauce
- Wine, fizz, spirits, mixers, soft drinks

### Desserts & Sweet Treats

- Christmas pudding
- Christmas cake / Yule log
- Mince pies
- Ice cream / frozen desserts
- Custard / cream / brandy sauce
- Chocolate bars, truffles, or selection boxes
- Biscuits & shortbread
- Marshmallows & hot chocolate